







**Question 4: What is currently working — even if it feels small or inconsistent?**

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**Question 5: What is no longer sustainable or aligned that I am willing to release?**

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**Question 8: What would “meaningful progress” look like — not fantasy, but real-world evidence?**

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**Question 9: What income level would feel grounding, supportive, and expansive at this stage?**

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**Question 10: What impact do I want to be having consistently by then?**

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**Question 11: Who must I *become* over the next 3–6 months to hold this next level?**

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**Question 15: If I could only take one bold action per week, what would move the needle most?**

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**Question 16: What am I currently avoiding that I know would accelerate my growth?**

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**Question 18:** How will people *find me*, *experience me*, and *work with me* during this period?

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**Question 19:** What simple weekly rhythm can I commit to without burning out?

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**Question 20: What does success look like on a weekly basis (measurable, observable, embodied)?**

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**Question 21: What systems or boundaries will protect my energy and focus?**

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**Question 23: What signals will tell me it's time to refine rather than quit?**

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**Question 24: Who or what will help keep me accountable over the next 3–6 months?**

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**Question 25: How will I consciously regulate my mindset when fear, doubt, or resistance arises?**

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**Question 26: What is my personal non-negotiable practice to stay grounded, clear, and resourced?**

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**Question 28: What old identity am I deliberately choosing to leave behind?**

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**Question 29: What new identity am I choosing to embody moving forward?**

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