



# Week 4 - Build An Unstoppable Mindset

## Master The Inner Game

This is where we dive deep into the real work – because no strategy can outperform the limits of your mind.

In Week 4, you'll confront and clear the fears, doubts, and limiting beliefs that have been silently sabotaging your success.

Using EFT Tapping and advanced mindset reprogramming, you'll release old stories of unworthiness, fear of failure, fear of success, and visibility blocks. You'll rewire your subconscious for power, confidence, and certainty so you can lead with strength and emotional freedom.

**Outcome:** By the end of this week, you'll feel more grounded, empowered, and resilient – ready to take bold, aligned action without fear holding you back so you can become unstoppable in pursuit of your goals and dreams.

Ready? LET'S GO!!



**Question 1: What's slowing you down, standing in the way and holding you back from achieving your goals?**

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**Question 2: What's the downside of achieving your goals?**

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**Question 3: What's the upside of staying where you are?**

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**Question 4: What are you most afraid of?**

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**Question 5: What is your earliest memory of money and what feeling is attached to it?**

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**Question 6: Growing up, what did the people around you say about money, wealth, or rich people?**

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**Question 7: Does it feel safe to be rich, wealthy and successful? If not, why not?**

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**Question 8: What part of you feels unsafe with more money — and why?**

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**Question 9: If you suddenly made 10x your income, what is your biggest fear about how life would change?**

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**Question 10: Who might be uncomfortable or threatened if you became wealthy?**

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**Question 11: What negative traits do you associate with wealthy people?**

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**Question 12: What do you secretly believe you'd lose if you became wealthy?**

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**Question 13: What part of your identity is tied to struggle, survival, or earning everything the hard way?**

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**Question 14: When you imagine a life of ease, abundance, and overflow — what resistance, doubt, or discomfort arises?**

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**Question 15: What story do you tell yourself about why you're "not ready yet" to have the wealth you want?**

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**Question 16: If your financial situation never changed, what emotional payoff would you be unconsciously receiving?**

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**Question 17: Who do you really believe you'll become as a result of being rich, wealthy and successful?**

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**Question 18: What does your shadow self tell you about money and being rich?**

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