

You Are
Limitless



'Anything is possible
when you know who
you truly are!'

Name: _____ Date: _____

Day 1: What Does Being Limitless Mean?

The only limits you have are the ones you place on yourself.

In order to activate the limitless version of you, first you must recognise, acknowledge and accept that you are indeed limitless.

It's time to suspend all disbelief and

“The mind, once stretched by a new idea, never returns
..... “ Ralph Waldo Emerson.

I AM !

Exercise:

Imagine you are limitless. What does your life look like?

Day 2: Who Do You Need To Become?

Once you recognise and understand that you're limitless, it's important you appreciate the characteristics and traits you will need to embody in order to live in that limitless version of you.

Exercise:

Think about a figure you admire and who you see as living from that place of Limitlessness and write down five primary traits you recognise in them that are a part of what you believe is their limitless mindset. On the following page is a list of many of the traits of people who live from that place of being Limitless. This is not a complete list, so feel free to add other traits and characteristics to your list as well.

Take a piece of paper and write or type 'I am limitless' in bit type at the top of the page.

Now choose the 3 of the most important traits that you need to work on to develop of those 5 and write them on a piece of paper with 'I am' in front of them. Place that piece of paper somewhere that you will see it regularly everyday and repeat them like a mantra several times a day.

Big thinkers	Unstoppable
Visionary	Difference Maker
Committed	Powerful
Focused	Connected
Bold	Believe In Themselves
Brave	Have a Deep Calling
Confident	Have A Strong Sense of Conviction
Strong leaders	Service Focused
Flexible	Tenacious
Passionate	Courageous
Ambitious	Insatiable
Driven	Authentic
Risk Taker	Honest
High sense of self worth	Playful / Fun
Adventurous	Kind / Thoughtful
Abundant	Compassionate
Consistent	Resourceful
Structured	Coachable
Relentless	Disruptive
Resilient	Innovative
Determined	Collaborative
Decisive	Action Takers
On Purpose	Self-Reliant
Impact Driven	Self-determining
Non-conformists	Self-motivated
Strong	Self-responsible

1. _____

2. _____

3. _____

4. _____

5. _____

Day 3 - Limitless Wealth

If you want to be a billionaire, you must help

Truly wealthy people are focused.

When you are limitless you can anything you put your mind to.

How does a truly wealthy person think / believe about money?

What tools can help you to rewire your brain to change your relationship with money?

What are some new beliefs you will create to heal your relationship with money?

What are the 3 most important questions you must ask yourself before you start planning your wealth creation strategy?

1. _____

2. _____

3. _____

Answers: _____

What kind of business model / wealth strategies will you use to build wealth?

Day 4 - Limitless Mindset

Your mindset is one of, if not the most important components of being limitless.

The only thing standing between you and your dreams is _____

How does someone who is limitless think? Make decisions? Act?

To live from a limitless place, you must _____

Day 5 - Limitless Action

To achieve anything great you must take

.....

What are the 3 primary keys to achieving your goal?

- 1. _____
- 2. _____
- 3. _____

What does every wealthy and successful person do that most other people don't do?

How are you going to optimize your environment for success?

What 3 actions will you take today to propel you into the state of being limitless?

- 1. _____
- 2. _____
- 3. _____

The Next Step

If you're ready to take the next step to becoming the *limitless version of YOU*, join the 5 day Millionaire Mindset Intensive here:

Book Now For The 5 Day Millionaire Mindset Intensive:

<http://pitbullmindset.com/millionaire-mindset/>